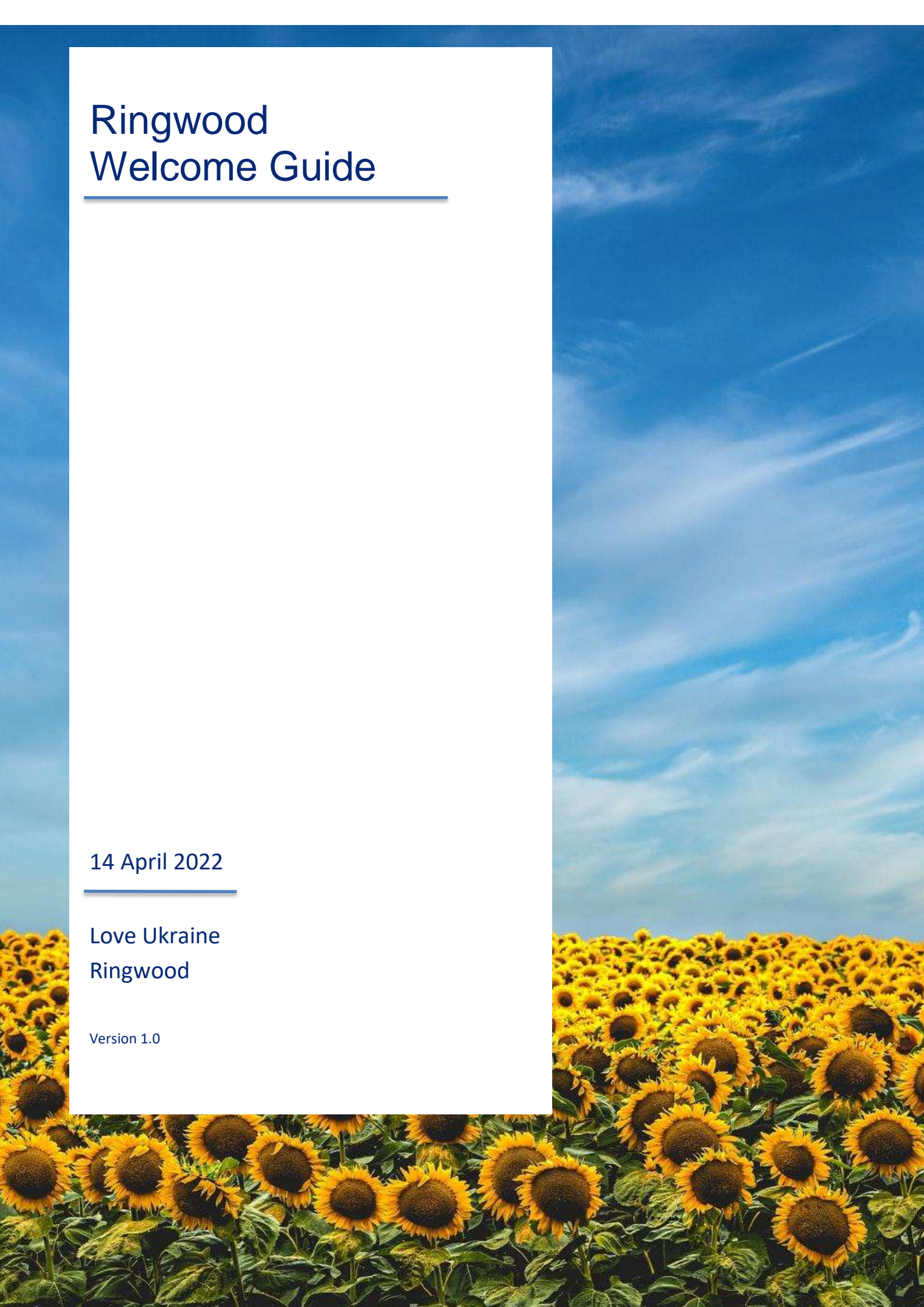


Ringwood Welcome Guide

14 April 2022

Love Ukraine
Ringwood

Version 1.0



Welcome

We are very pleased to welcome you to Ringwood and hope this guide will provide some useful information to help you settle in and feel at home here.

The latest version of this guide can be found at the Love Ukraine Ringwood website at www.loveukraineringwood.com

If you have any questions, you can contact Love Ukraine Ringwood via:

- our Facebook page <https://www.facebook.com/LoveUkraine.Ringwood>
- email: loveukraine.ringwood@gmail.com.

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Introduction to Ringwood

The historic market town of Ringwood boasts a comprehensive range of facilities, including a wide selection of independent and high street shops, a number of restaurants, health and fitness clubs and excellent schools. The beautiful New Forest National Park offers over 10,000 acres of heath and woodland and is a haven for outdoor pursuits including cycling, walking, and horse riding.

There is easy access to the larger coastal town of Bournemouth (via the A338) and harbour city of Southampton (via the M27), both Bournemouth and Southampton provide direct train links to London. There are also international airports at Bournemouth and Southampton and the M27 and M3 make it easy to connect to other parts of the country.

Benefits System

Ringwood Jobcentre Plus at 20-22 Southampton Road, Ringwood BH24 1HY will be able to help you with what benefits you may be entitled too. You will be entitled to Universal Credit and also child benefit if you have children. Other benefits you may be entitled to include Pension Credit, Disability benefits and Carer's Allowance.

Universal Credit

Universal Credit is a payment from the government to help you and your family live in the UK. It is paid monthly, and you need to apply for it online. To apply online you will need:

- Your bank account details
- An email address
- Access to a phone

<https://www.gov.uk/apply-universal-credit>

Universal Credit Helpline: 0800 328 5644

Child Benefit

Child benefit is money paid to parents or other people who are responsible for bringing up a child. You can apply for child benefit for children under 16, and sometimes for older children (16-20) if they are in full-time education.

You can download a Child Benefit form from this website:

www.gov.uk/child-benefit/how-to-claim

Bank Accounts

To receive benefits you need to open a bank account. To open a bank account you need to go to a bank and show documents that prove: Identity; Immigration status and address.

A number of UK banks have a system in place for opening accounts where you do not have a permanent UK address. Digital banks such as Monzo or Starling Bank do not normally need proof of address.

More information to follow on obtaining proof of address or banking without proof of address.

National Insurance Number

A national insurance number is used to make sure your National Insurance contributions and tax are recorded against your name only.

You can find information on how to get a National Insurance Number at:

<https://www.gov.uk/apply-national-insurance-number>

Registering with Doctors Surgeries

Guests arriving under the Homes for Ukraine Scheme have the right to access the National Health Service (NHS) for all their health care needs.

Proof of ID is not needed to register with a GP surgery but taking your passport with you may help. Find out how to register with a GP at:

<http://www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery>

Also, you are eligible for a Covid Vaccination and can book it through this website:
<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

There are two GP Surgeries in Ringwood

Cornerways Medical Centre

5 Parkers Close, Gorley Road, Poulner, Ringwood, Hampshire BH24 1SD
01425 472515

Ringwood Medical Centre

The Close, Ringwood, Hampshire BH24 1JY
01425 478901

Trauma Support

Sane Ukraine Online offer daily Zoom trauma and resilience classes every day at 19:30 Ukraine time. <https://saneukraineonline.org/sane-ukraine-online>

Schools

You will need to apply for a school place for your child through Hampshire County Council. Find more information on how to do this here:

<https://www.hants.gov.uk/educationandlearning/admissions/ukranian-school-places>

There is one secondary school (11 to 18 years), two junior schools (7 to 11 years) and two infant schools (5 to 7 years) in Ringwood.

Poulner Infant School North Poulner Road Ringwood BH24 3LA	Poulner Junior School North Poulner Road Ringwood BH24 3LA	Ringwood School Parsonage Barn Lane Ringwood BH24 1SE
Ringwood Infant School School Lane Ringwood BH24 1LG	Ringwood Junior School Hightown Road Ringwood BH24 1NH	

Ringwood Health and Leisure

For swimming pool, gym, fitness classes, badminton courts, etc.

They may be offering reduced rates for those coming from Ukraine – no details at time of writing. Address is Parsonage Barn Lane, Ringwood, BH24 1PX.

Finding a job

Ringwood Jobcentre Plus can help with this. You can also register with job agencies on the following websites:

- Indeed <https://uk.indeed.com/>
- Reed <https://www.reed.co.uk/>
- CV Library <https://www.cv-library.co.uk/>
- The Guardian Jobs <https://jobs.theguardian.com/jobs/>
- Total Jobs <https://www.totaljobs.com/>
- Monster <https://www.monster.co.uk/>
- Job Centre <https://www.gov.uk/contact-jobcentre-plus>
- <https://www.jobs.nhs.uk/> may also have relevant jobs.

Buses

Ringo 1 and Ringo 2 provide local service around town, X3 goes between Salisbury and Bournemouth and back passing through Ringwood. Buses also run in the Ferndown direction and to Southampton.

For more details see <https://www.morebus.co.uk/services>

Churches

There are several churches in Ringwood and you will receive a warm welcome.

Visit

<https://www.findachurch.co.uk/Search.aspx?address=Ringwood>

for more details.

Ringwood Library

The library is hosting 'Ukrainian Connections' on Thursdays, 14.00 to 16.00, a drop in session for Ukrainian families to connect over a drink.

Address: Christchurch Road, Ringwood BH24 1DW

Opening hours : Tues, Weds, Thurs 09.30 to 17.00 & Sat 09.30 to 13.30

Ringwood Activities & Children's Clubs

ACTIVITY	DAY	WHERE	COST	DETAILS	ACTIVITY	AGE
Poulner Poppets /pop up 'N' play	Every Friday 10am - 11:30 and 1pm - 2:30pm	Poulner Baptist Chapel	£1	free cup of tea and biscuits snack 07709956102 Book via facebook link		
Baby sensory	Thursday mornings	Greyfriars		Sophie Metcalf 07976760119 bournemoutheast@babysensory.co.uk		baby
Dance group	Thursdays 4.30	Poulner Scout Hut				under 7s
Mini athletics	Saturday morning	Bickerley	£7.50		athletics	2-7 years
Avon Heath country park	Daily 8am-7.30pm	Brocks Pine, St. Leonard's Ringwood BH24 2DH	Free access		Park, walks, cafe	any
Beavers				Waiting to hear if spaces		
Cubs				Waiting to hear if spaces		
Scouts				Waiting to hear if spaces		
Blunts barn Activities	First two weeks of summer hols	Blunts Barn	£41 per day		Loads of outdoor activities	5-14 years
Diddy dunkers	Monday mornings 9:15am - 11am	St John's Church, Poulner	donations welcome (most people pay £1)		Soft play, snacks, songs and stories	
Aunt Sals toddler group	Tuesday mornings 9:30am - 11:30am	Salvation Army Church, Christchurch Road, Ringwood, BH24 1DL	£1.50 per entry	01425 472909	Snack, tea and coffee for parents. Music at end of the session	
Little Lambs	Wednesday morning 10am - 11:30am	Trinity Church, Ringwood	£2 on entry	Book online through their facebook page	Painting, toys, sing, stories, puppets	Parent and toddler

Twinkles Dorset	Tuesdays	Carvers Club House, Southampton Road Ringwood BH24 1JD	£5 per family siblings are free	Just turn up	music, dance, singing and play	0-5 year old
Family Echo Club	Tuesdays (every other) at 15.30 – 17.00	Trinity Church, Christchurch Road, Ringwood, BH24 1DH		Book online on Facebook via eventbrite	Fun activities eg craft	
Family Lego Club	Saturdays 9:30am - 11am	Trinity United Church, Christchurch Road, Ringwood, BH24 1DH	£2 per child	Book online on Facebook via evenbrite jackie@trinityringwo od.co.uk		School age
Ringwood Recreation Centre		Parsonage Barn Lane, Ringwood BH241PX			Playsite, swimming, Gym, seating area, various other clubs and activities	
Carvers club house community centre cafe		Southampton Road, Ringwood, BH241JD			Serving hot and cold food and drinks toys and games for all ages with park and skate park and massive field to play on	
Baby Theatre Ringwood	Tuesdays	Greyfriars community centre, Christchurch Road, Ringwood, BH24 1DW		Book online www.babytheatre.co.uk		
Baby sensory		Greyfriars community centre, Christchurch Road, Ringwood, BH24 1DW		Book online www.babysensory.com/Bournemouth-East		Babies 0 - 13 months
Football Clubs		Long Lane		https://www.dorsetfa.com		

Kids youth group Power- Up School Yrs 3 to 6 Power-Up+ School Yrs 7 to 11	Thursday night - fortnightly 18.00 – 19.30 19.00 – 21.00	Poulner Baptist Chapel		See Facebook page: Power-Up Clubs at PBC		
Power-Up Mini School Yrs R-2	Friday nights fortnightly	Poulner Baptist Chapel				
Messy Church	once a month	Poulner Baptist Chapel				
Hoops netball	Thursdays evenings	Poulner Junior School			£1.50 per session	age 8 - adult
Blashford Lake	monthly pushchair walk Alternate Friday mornings 10.30 to 12.00	Blashford Lakes Ellingham Drove BH24 3PJ		01425 472760		parents and babies
Blashford Lake	monthly nature club Saturday			01425 472760		older kids
Blashford Wildlife Tots	1st Monday of each month	Blashford Lakes Ellingham Drove, BH24 3PJ	£5 per child	https://www.eventbrite.co.uk/e/blasford-lakes-wildlife-tots-eggstravaganza-tickets-306335687287 Booking required	Fun outdoor play and wildlife discovery activities	Pre- school children & parent
Infant Street Dance	Weds, 4:30 - 5:15pm	Poulner Junior School, BH24 3LA		https://www.shakdance.co.uk/openclasses Free Trial Class 07930 611517	£5.00 per class	(School Years R - 2)
Junior Street Dance	Tuesdays, 5:30 - 6:30pm	Poulner Junior School, BH24 3LA		Free Trial Class 07930 611517	£6.50 per class	(School Years 3 - 6)
Senior Street Dance	Weds, 5:45 - 6:45pm	Poulner Junior School, BH24 3LA		Free Trial Classes 07930 611517	£6.50 per class	(School Years 7 - 11)

Feedback

We hope that you find this document useful. Your questions and comments would be appreciated in order to add further information and correct any errors.

Please send any feedback to:

loveukraine.ringwood@gmail.com

Thank you.

